

# BRUNCH FEATURES

Available from 10:00 am to 2:00 pm Saturday & Sunday

\* Please choose one side included in your order

|  |    |
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| <b>House Granola</b>   | 10 |
| Sour cherry almond granola w/ organic yogurt & house made sour cherry syrup  |    |
| <b>Feature Smoothie</b>  | 9  |
| 'Glory Farms' strawberry, lime & avocado smoothie w/ organic almond milk   |    |
| <b>Savoury Duck Hash</b>   | 17 |
| Duck fat fried local potatoes, house made duck confit, poached farm egg & hollandaise  |    |
| <b>Savoury Vegetarian Hash</b>   | 16 |
| Crispy local potatoes, semi-dried local organic tomatoes & grilled zucchini, basil pesto, poached farm egg, house hollandaise                          |    |
| <b>Today's Frittata</b>  | 15 |
| Oven baked creamy farm egg omelet w/ local green pea, crispy pancetta & Pecorino; house baguette   |    |
| <b>Calories' Eggs Benedict</b>   | 17 |
| Poached farm eggs on our own English muffin w/ house hollandaise & hash browns; choice of - local back bacon, smoked wild BC salmon OR sautéed spinach |    |
| <b>Bagel &amp; Eggs</b>  | 14 |
| Baked farm eggs in 'Earth Bound' bagel centers w/ aged cheddar & green onion   |    |
| <b>Weekend Feature</b>   | 14 |
| House made organic kimchi fried rice w/ sunny side-up farm egg & slow roasted pastured pork belly & sprout salad                                       |    |
| <b>Calories' Sweet Feature</b>   | 16 |
| Calories brioche French toast w/ macerated BC peaches w/ maple syrup, whipped cream & toasted almonds  |    |
| <b>Grilled Cheese *</b>  | 15 |
| Canadian aged cheddar & mozzarella on house brioche w/ our own ketchup   |    |
| <b>California Club Sandwich *</b>  | 16 |
| Smoked turkey, bacon, avocado, tomato, lettuce, onion & jalapeno lime mayo   |    |
| <b>Vegetarian Sandwich *</b>   | 15 |
| Organic chickpea hummus, cucumber, red pepper, avocado, tomato, lettuce & onion  |    |
| <b>SIDES</b>   | 5  |
| House fries, crispy hash browns, organic greens, cup of soup, fresh fruit  |    |